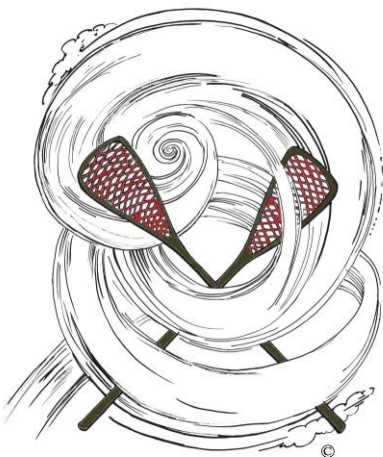


# Nor'Easter Lax School of Lacrosse



Limited enrollment, group instruction to prepare to be the best for your season.

- **Shooting** - unique fundamental training utilizing fast paced college style drills. All we do is shoot!  
LIMITED TO **20-25** STUDENTS

- **Goalie** - Train in new ways that go beyond taking shots in the cage, reaction, quickness, positioning all covered.

LIMITED TO **6** STUDENTS

- **Defenseman** - We've got you covered also. Work on angles, quickness, checking.

LIMITED TO **10** STUDENTS

## Clinic dates:

Monday 3/5 - 9-10:30pm  
Monday 3/12 - 9-10:30pm  
Monday 3/19 - 9-10:30pm  
Monday 3/26 - 9-10:30pm

## Indoor Location:

Center Island Sports  
101 Union Ave.  
Ronkonkoma, NY, 11779

Total cost for your four days of training is \$175.00

Shooting and defensive clinics are open to boys grade 5-8.

Goalie clinic open to girls and boys grade 5-8.

Visit [www.noreasterlax.com](http://www.noreasterlax.com) for registration form.

Email or call us to secure your spot in these limited classes before you miss out!!

Email - [noreasterlax@yahoo.com](mailto:noreasterlax@yahoo.com) Call (631) 588-9580