

Nor'Easter



LACROSSE

2010

NEW SUNDAY MENS OPEN DIVISION

Nor'Easter Lax is a fourth year organization that was designed to host Long Island Lacrosse Teams in a Tournament on Long Island. We held our **Third** Tournament in June of 2009. We also host a successful Over 40 Lacrosse league. In 2010 will be hosting our second Men's Open Division League, which will begin play on Sunday June 6th 2010. Players will be 18yrs or older. Game times will vary from 12noon to 4pm **Sunday's**. You will play an 8 game schedule, playoffs for top teams in division. Trophy awarded to champion. This year we have reduced the cost to only \$2100.00.

-We play at the PAL facility located in Holtsville, Long Island, minutes off the LIE exit 62. (Directions on web site)

-All games on a state of the art field turf field fully illuminated.

-Games will be played Friday or Saturday nights starting at 6pm.

-Play begins in June 2010.

-Get on our mailing list at noreasterlax@yahoo.com

Please fill out the application and return it by May 23rd 2010 with a deposit of \$500.00. Balance will be due by your team's first game. All checks should be made out to Nor'Easter Lax . Return Apps to:

Nor'Easter Lax
PO Box 504
Holbrook, NY, 1174

Nor'Easter Men's Open Summer League
2010 Registration
www.noreasterlax.com

Team Name _____

Team Representative _____
(Name)

Address _____
(Street)

(Town) (State) (Zip)

Phone Number – Home _____
Cell _____
Email _____

To secure a spot in the league, please forward your **\$500.00 deposit** payable to Nor'Easter Lacrosse, with the above information by **May 23, 2010** to:

Nor'Easter Lax
PO Box 504
Holbrook, NY, 11741

League Directors:
John Lang – email – hanger@optonline.net
Rich Petillo – email – ylaxcoach66@aol.com

You may also drop it off in person.
The Balance will be due by your teams first game.

I have read this registration form and fully understand the terms of the league.
I will advise all team members of league rules.

Signature of Team Representative _____
(SIGNATURE) (DATE)

Nor'Easter Adult Summer League Rules

www.noreasterlax.com

1. Each team will supply their own equipment. Goalies must supply their own chest protector and throat guard.
2. All rosters and insurance waivers must be in to the league before the first game.
3. No player may be added to the roster after the third game. Once you play for one team you cannot play for any other team.
4. ***If a player plays for a second team in the same league, or any other team without being officially on the roster, that team will forfeit that game and all previous games and the illegal player will be suspended from the next game.***
5. Any player ejected from a game by an official will miss the next game. If a player is ejected from a second game, he is out of the league for the rest of the season.
6. Any player engaged in any physical altercation with an official or league director, will be expelled from the league indefinitely pending investigation by the league directors.
7. There will be **no rainouts**. We play on field turf; cleats or rubber molded cleats are recommended. In the event of lightning, the field will be cleared and the officials will follow standard rules. If weather is severe, games may be rescheduled.
8. Inappropriate language will not be tolerated by officials and will result in a 1 minute unreleasable penalty.
9. All games will be two twenty five minute half's, running time.
10. All ties will go into a 5 min. sudden death period, after a 3 minute break. If after the sudden death period the game is still tied, winner will be determined via Brave heart.
11. Two time-outs per half and one time-out in overtime.
12. There may never be more than 4 long sticks on the field at one time.
13. Only one long stick is permitted on the face-off or on the wing area.
14. Slow whistle on both offensive and defensive ends of the field.
15. Twenty second clear rule is in effect.
16. Once the ball moves into the offensive end, the ten second rule applies.
17. The quick whistle procedure will be enforced over the entire field. However, the goalie will be given a reasonable amount of time to get back into the cage after chasing a shot or loose ball.
18. In the last 2 min. of play, the team ahead or both teams in a tie situation have 10 sec. to get the ball into the box and keep it in.
19. Time outs may be called anywhere on the field by any team member or coach when their team has possession of the ball or on dead ball situations.
20. Penalty clock will not start until the player is in the box.
21. Bench discipline will be strictly enforced by officials.
22. Any 2 min. penalty or more committed by the goalie must be served by the goalie.
23. No body checking on loose ball situations. No body checking on face offs.
24. Man in possession of the ball may be body checked.
25. All team reps will have in possession at all times a photo copy of each player's driver's license. League directors will make checks.
26. Any player found to be in violation of age rules will be suspended from the league and the team will forfeit every game up to the game of discovery.
27. All players must be of age by the first game.
28. All teams will demonstrate sportsmanship and line up for a handshake at the conclusion of all games.
29. After games, any teams having refreshments and food must utilize proper trash receptacles and proper cups for beverage. No alcohol.
30. **Parking next to the turf field is only permitted for referees and summer league staff. All others must use the North or South parking fields. This has become a problem in the past. This rule will be strictly enforced by staff members.**